

# **Colborne Cramahe Figure Skating Club**

## **Return to Play Protocols**

*October 4 2021*



## **Contact List for Club COVID-19 Oversight Group**

The purpose of this group is to oversee the implementation of safety and health guidelines within the Colborne Cramahe Figure Skating Club (CCFSC).

The following people will comprise the CCFSC COVID-19 Oversight Group. Should you have any questions about any aspects of the Return to Play protocols or other policies and procedures related to COVID-19, please contact one of the individuals below.

<b>Name</b>	<b>Position</b>	<b>Phone</b>	<b>Email</b>
Amy Clarke	President	289-251-7043	scottnamyclarke@gmail.com
Veronica Bond	Past President	705-632-9121	b-vbond@hotmail.ca
Pam Buchanan	Treasurer	905-269-1419	Pkbuchanan.pb@gmail.com
Diana Dingwall	Secretary	905-376-8374	dianabrough@hotmail.com

## **Completion of Skate Ontario COVID-19 Waiver**

All individuals participating in club/skating school must complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). Failure to do so means that individual must not participate in club/skating school activities.

Any individual participating in club or skating school activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Skate Ontario:

- Skaters
- Coaches
- Staff
- Board Members
- Volunteers
- Officials (please note: this will be kept on file with Skate Ontario)



Skate Ontario Waiver

Paper copies of the completed Waivers will be filed with Registrations. These will also be scanned and stored electronically.

## **Completion of Skate Ontario Health Screening Questionnaire & Contact Tracing**

- All skaters/coaches are expected to complete Health Screening prior to each participation in on-ice activity.
- The Health Screening may be completed verbally. By indicating YES on the tracking sheet, you confirm that the Health Screening was passed.
- The expectation is that a tracking sheet must exist for each on-ice session to facilitate contact tracing in the event of a COVID-19 exposure
- Paper copies of the Session Participation Tracking sheets will be filed for a period of one year. In addition they will also be scanned and filed electronically. These will be used for contact tracing purposes and copies will be provided to the Keeler Centre.



Daily-Health-Screening-Questionnaire-7.1



COVID\_screening\_Student\_Child\_CareV2



EN\_Patron\_Screening\_v8-21-08-27\_FINAL



Session-Participation-and-Health-Screening

## **On& Off Ice Activities**

- Individuals shall follow Keeler Centre guidelines by using designated entry and exit doors in the facility and any guidelines to manage the flow of people within the facility.
- Individuals should wash / sanitize hands upon entry to facility.
- Individuals must follow local Public Health guidelines with respect to wearing face masks within facilities.

### **Coaches:**

- Recommended to wear a non-medical face mask while coaching
- Any winter gloves that are worn should be washed daily

### **Skaters:**

- Not required to wear a non-medical face mask while skating
- Any winter gloves that are worn should be washed daily
- A maximum of 25 skaters will be allowed on the ice at any given time, this includes skaters, Program Assistants and Coaches. This will allow for physical distancing while on the ice.

- Coaches are recommended to coach from one spot on the ice or over the boards at rinkside. Coaches and skaters must remain at least 2m apart from each other with the exception of those in the same household or social circle
- Individuals are required to maintain a physical distance of at least 2m from any other person during the session. Individuals from the same household or social circle are not required to follow physical distancing requirements.
- Skaters must use individual water bottles, tissue boxes etc. during training sessions. No sharing of these items is permitted. Skaters must have their own closed containers (i.e. Ziploc bag) for disposing of used personal items such as tissues. These must be disposed of at home or in a lidded garbage container in the facility.
- One person will be designated to play music at a given time during the session. Disinfectant or sanitizing wipes will be provided to be used in between each session or user of music equipment
- No parents or spectators will be allowed on the bench area. This is the Home & Visitor Bench area on the south side of the ice surface. Spectators will only be allowed in the designated seating areas in the stands on the north side of the ice surface and must follow all protocols established by the Keeler Centre
- Only one person will be allowed in the dressing room with each skater if required and physical distancing must be maintained.

#### **An individual becomes unwell with symptoms of COVID-19**

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club or skating school activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a mask or face covering if one is available
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing

#### **An individual is tested for COVID-19**

- Any individual that is part of a club or skating school that is unwell and has been tested for COVID-19 must not participate in club or skating school activities while waiting for the results of the test
- Any individual that is part of a club or skating school that has been tested for COVID-19 and has no COVID-19 symptoms, no known exposure to COVID-19 and no travel history is permitted to participate in club or skating school activities while waiting for the results of the tes

#### **An individual tests positive for COVID-19**

- If an individual tests positive for COVID-19, they should inform a member of the club/skating school COVID-19 Oversight Group
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club/skating school members who may have been in close contact with the individual
- Any club/skating school members who were in close contact with the individual should follow public health guidelines regarding self-isolation and testing
- It is recommended to also inform all club/skating school members of a positive COVID-19 result within the club/skating school setting
- The club/skating school should inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The club/skating school will inform Skate Ontario of a positive COVID-19 diagnosis by e-mailing [clubsupportservices@skateontario.org](mailto:clubsupportservices@skateontario.org)

#### **Return to club/skating activities following illness or exposure to COVID-19**

- Individuals must follow all public health and facility guidelines with respect to returning to club/skating school activities following an illness or exposure to COVID-19
- If a COVID-19 test was negative and there was no known exposure to COVID-19, the individual may return to club/skating school activities once they no longer have any symptoms of COVID-19 for at least 24 hours
- If a COVID-19 test was negative but there was a known exposure to COVID-19, the individual may only return to club/skating school activities once they have completed the period of self-isolation as advised by their local public health unit.

#### **Return to club/skating activities following COVID-19**

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

### **Modification/restriction/postponing or canceling of club/skating school activities**

- Based on the evolving COVID-19 pandemic, the club/skating school must be prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities
- Clubs should establish a program cancelation policy if one does not exist already
- Clubs/skating school members should be informed as soon as possible of any modifications/restrictions or cancelations
- Clubs/skating schools must keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials

### **Public Health Guidelines**

Club and skating school members should follow all public health guidelines regarding COVID-19. These may include:

- Any club/skating school members who themselves have travelled outside of Canada, must self-isolate and not participate in club/skating school activities for 14 days, unless the individual has a Government of Canada Travel Exemption
- Any individual who has been exposed to a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club/skating school activities until they have completed the period of self-isolation as advised by their local public health unit, unless they engaged in consistent and appropriate use of PPE (i.e. healthcare workers)
- Any individual with symptoms of COVID-19 is not permitted to take part in club or skating school activities

### **Club/skating school COVID-19 Communication Plan**

Clubs and skating schools should ensure effective communication is taking place with their membership during the Return to Play Stages. The following should be considered by the clubs/skating schools.

1. Ensure up to date contact information for all club/skating school members is on-file
2. Determine best method to distribute information (i.e. Facebook page, direct e-mail lists, webinars...)
3. Determine the responsibility for communication within the club/skating school during the Return to Play stages (i.e. staff, volunteer, COVID-19 Oversight Group)
4. Establish consistent cadence of communication to maintain connection with club/skating school members during Return to Play (i.e. Weekly, Bi-weekly)
5. Consider holding a virtual Town Hall / Webinar to deliver information on Return to Play protocols and answer any questions / concerns.
6. Consider where communications/documents can be stored on a website or social media site for future reference by club/skating school members.
7. Designate member of COVID-19 Oversight Group to follow up with any individuals who become unwell with symptoms of COVID-19 during club/skating school activities.
8. Determine paper or virtual storage location for daily Session Participation Tracking sheets.
9. If it is determined that a club/skating school member has tested positive for COVID-19, work with Public Health who will perform contact tracing and will inform all club/skating school members that may have been in close contact with that individual.
10. Ensure the facility and Skate Ontario are informed if a club or skating school member is diagnosed with COVID-19.

**The following Keeler Centre Policies and Procedures will be adhered to by all CCFSC members and their families.**

***Zero tolerance! Failure to follow guidelines and policies could result in immediate ejection from the facility and future booking privileges revoked.***

**Entrance**

- **NEW** – Participants of ice activities (hockey, skating, figure skating) aged 18+ must present proof of full vaccination for COVID-19 (both doses) along with \*identification at the point of entry to the arena. Individuals can provide proof of immunization by downloading or printing their vaccine receipt from the provincial booking portal, or by calling the Provincial Vaccine Booking Line at 1-833-943-3900. Individuals' 2nd dose must be at least 14 days prior to attending arena. Proof of vaccination will be accepted if the person's name and date of birth on their identification document matches the vaccination receipt with name and date of birth and if the person is fully vaccinated.
- **NEW** Coaches, volunteers, managers, association members, officials, and anyone who is on the ice, dressing room or bench with the players, and is aged 18+ must present proof of full of full vaccination for COVID-19 (both doses) along with \*identification at the point of entry to the arena. Individuals can provide proof of immunization by downloading or printing their vaccine receipt from the provincial booking portal, or by calling the Provincial Vaccine Booking Line at 1- 833-943-3900. Individuals' 2nd dose must be at least 14 days prior to attending an arena. Proof of vaccination will be accepted if the person's name and date of birth on their identification document matches the vaccination receipt with name and date of birth and if the person is fully vaccinated.
- **NEW** Coaches, volunteers, managers, association members, officials, and anyone who is on the ice, dressing room or bench with the players, and is aged 17 and under who are entering the indoor premises for the purpose of actively participating in an indoor organized sport (volunteering, training, practices, games, and competitions) are not required to show proof of vaccination for COVID-19.
- **NEW** Participants aged 17 years and under who are entering the indoor premises solely for the purpose of actively participating in an indoor organized sport (training, practices, games and competitions) are not required to show proof of vaccination for COVID-19.
- Participants may enter the building no earlier than 25 minutes prior to the start of their ice time.
- Participants must enter through the main entrance and follow the signage.
- All patrons who enter the building are encouraged to sanitize their hands using the hand sanitizer dispenser provided.
- All patrons must be actively screened prior to entering
- **NEW** - SPECTATORS aged 12+ must present proof of vaccination for COVID-19 along with \*Identification at the point of entry to the arena. Individuals can provide proof of immunization by downloading or printing their vaccine receipt from the provincial booking portal, or by calling the Provincial Vaccine Booking Line at 1-833-943-3900. Proof of vaccination will be accepted if the person's name and date of birth on their identification document matches the vaccination receipt with name and date of birth and if the person is fully vaccinated.
- **NEW** - SPECTATORS aged 11 & under must be accompanied by an adult who is fully vaccinated (2nd dose must be at least 14 days prior to attending an arena) and provides proof of full vaccination for COVID-19 along with \*identification at the point of entry to the arena. Individuals can provide proof of immunization by downloading or printing their vaccine receipt from the provincial booking portal, or by calling the Provincial Vaccine Booking Line at 1-833- 943-3900. Individuals' 2nd dose must be at least 14 days prior to attending an arena. Proof of vaccination will be accepted if the person's name and date of birth on their identification document matches the vaccination receipt with name and date of birth and if the person is fully vaccinated.
- SPECTATORS are permitted to be in the facility, to a maximum of \*50% building capacity. Spectators must not loiter in the hallways / lobby area. The spectator seating occupancy limit will be posted at arena. A minimum of 2 metres or 6 feet between spectators is mandatory. Spectators must immediately leave the facility once the booking is completed, unless they are a parent/guardian of a young child who requires supervision.
- All parents or guardians entering the facility must always wear a mask as per Provincial Regulation 364/20, Schedule 1, Section 2 (4). <https://www.ontario.ca/laws/regulation/200364>
- Mask exceptions as detailed in the regulation listed above will be respected. (i.e., medical condition, unable to put on a mask without assistance, temporary removal to eat or drink, etc.... please refer to the above regulation link for complete details). ALL people entering the arena facility are required to wear a mask. Only skaters who are engaged in intense physical activity are not required to wear a mask.
- \*\*Proof of identity can be established using documentation issued by an institution or public body, provided it includes the name of the holder and date of birth. Examples of identification documents that may be used to confirm the identity of the holder of the vaccine receipt include • Birth certificate • Citizenship card • Driver's license • Government (Ontario or other) issued identification card, including health card • Indian Status Card /Indigenous Membership Card • Passport • Permanent Resident card

### Upon Building Entry

- Dressing rooms are assigned to each user group and will be posted on the tv monitor.
- Player dressing rooms have signage/markers to indicate seating for proper social distancing. If additional rooms are required, please consult with arena staff.
- Dressing rooms will be available no more than 25 minutes prior to the start of the ice time. Users are asked to arrive as close to “ready to play” as possible.
- **NEW** -Showers and washrooms in the dressing rooms will be available, however, participants must respect the 20-minute time limit if they choose to use the showers. If it is determined that players are unable to meet the departure time of 20 minutes after ice time ends, then showers will not be permitted.

### Ice Entry

- **NEW** -Participants waiting to enter the ice must not congregate at the rink entrance door/s. Participants / coaches are to wait in their assigned dressing rooms with masks on until the flood is complete & ice resurfacers door is closed. Helmets should only go on right before leaving the dressing room, ensuring masks are kept on as long as possible.

### On-Ice Procedure

- The maximum capacity of on-ice participants and coaches is 50 participants. This number includes players and coaches on the bench.
- Games / Scrimmages / amateur and recreational sports leagues may resume, and physical contact is permitted.
- While on the ice for practices, figure skaters, hockey schools, or individuals working on skill development they must adhere to physical distance measures.
- Many groups operate or are sanctioned by provincial or national governing. These groups must adhere to any return to play guidelines, vaccination policies, and screening policies developed by these governing organizations (i.e., OHF, Skate Ontario, Hockey Canada, Ontario Broomball)
- Participants will not share water bottles.
- Absolutely no spitting or clearing your nose in the facility or on the ice.
- Players benches will be available and additional seating will be available if required to maintain physical distance between participants.
- Only 1 person may enter the scorekeeper’s box at a time. The arena staff will provide sanitizer spray and paper towels. If the renter chooses to use the score clock, they will be responsible for sanitizing the controls before and after use.

### Exit Ice and Building Procedure

- At the end of the booking, participants must exit the ice promptly in single file and return to their assigned dressing room.
- **NEW** -ALL Participants/Spectators must exit the building through the double exit doors by dressing room # 1 within 20 minutes of the end of their ice time.
- Hand sanitizer dispensers are mounted at each of the exits.

### Safety Protocol

- Dressing rooms will be sanitized between bookings.
- In response to the evolving situation of the COVID-19 VOCs, the Government of Ontario has adopted a more rigorous and cautious approach to implementing public health measures when it comes to isolation. If a School or Workplace has sent one of your participants/players home or identified that the participant/player must remain in isolation due to close contact of a confirmed or suspected COVID Case or a school or workplace closure, the participant/player as well as their entire household (siblings, parents, etc.) CANNOT attend an extra-curricular activity in the arenas until the 14-day isolation period has ended and they receive a NEGATIVE COVID test result or are symptom free for at least 24hrs following the 14-day isolation.
- Attendance records with contact information, dates and times ALL participants, coaches, parents/guardians, trainers, etc.... is required for each booking. This is to allow for contact tracing in the event of an outbreak or a positive test.
- First Names and phone numbers must be provided by EVERY person attending the facility and provided upon entry (a form will be on site to capture this information). No one will be permitted into the facility without providing this information
- Social gatherings of participants and parents or guardians both before and after the booking inside the arena is not permitted. This includes spectator stands, change rooms, lobbies, hallways, etc.... Please limit gathering outside of arenas. Ensure a two-metre physical distance and wearing masks if parents and/or participants are gathering in the arena parking lots.
- Limit carpooling and meals (in homes or at restaurants) to those within your household.
- Any positive cases of COVID by any participants and spectators (players, coaches, trainers, managers, parents, guardians, etc.) MUST be reported to Manager of Arena immediately.

- Please note that sanitization of all other arena spaces will occur periodically. Washrooms will be sanitized four times daily.
- Wash your hands - Practice physical distancing - Do not share equipment.
- ***To ensure The Keeler Centre can remain open and safe, please obey all rules as presented.***

## Reference Material



Return-to-Play-Protocols-Skate-Ontario-8.1



Cramahe Keeler Centre Protocols .pdf